



CLUB MEETING

Wednesday 3 June 2015

Commences 8pm (please be punctual)

Guest Presentation

ANDREW KOERNER
Senior Winemaker



Blue Pyrenees was started in '82 in collaboration with one of the doyens of the wine industry – known to many of our wine club members, Colin Richardson. Sadly, he passed away some years ago, but his legacy and faith in cool climate premium wines is perpetuated – and some would say – is the best ever, under Andrew's stewardship. He is one of those winemakers that all companies would be happy to have working for them. Not only does he 'get' cool climate wines, he has cut his teeth (and I suspect hair) on a really varied number of wineries in almost all states of Oz. A really excellent range of wines expressing true regional style.

Guests are welcome.
Please contact Kaye.

MAY COMMITTEE MEETING

The committee meeting for May was held at the home of Chris & Denise Herbert, with a theme of Southern Rhone blends (GSM style wines from Australia or France).

These blends are becoming quite popular at the moment and it was interesting to see the variation in style and quality available. The wines presented were;

- S.C. Pannell "The Vale" 2012 (James) – 8.5 votes (McLaren Vale)
- Boccaccio Cellars Cleanskin 2012 (Tony) (Barossa)
- John Duval "Plexus" 2013 (Maarten) (Barossa)
- Les Trois Clefs Cotes-du-Rhone 2013 (Gerald) – 2 votes (France)
- Chateau Mont-Redon "Lirac" 2012 (Gayle) – 21.5 votes (France)
- Tardieu-Laurent Cotes-du-Rhone "Cuvee Speciale" 2007 (Chris) – 22 votes (France)

The last two wines were very popular and yet quite different in style from each other, the Mont-Redon quite classically styled while the Laurent-Tardieu was much more fruit driven (and looked quite Australian).

A new study suggests that people who don't drink alcohol are more likely to die young

A newly released study shows that regular drinkers are less likely to die prematurely than people who have never indulged in alcohol. You read that right: Time reports that abstaining from alcohol altogether can lead to a shorter life than consistent, moderate drinking.

Surprised? The tightly controlled study, which looked at individuals between ages 55 and 65, spanned a 20-year period and accounted for variables ranging from socioeconomic status to level of physical activity. Led by psychologist Charles Holahan of the University of Texas at Austin, it found that mortality rates were highest for those who had never had a sip, lower for heavy drinkers, and lowest for moderate drinkers who enjoyed one to three drinks per day.

Of the 1,824 study participants, only 41 percent of the moderate drinkers died prematurely compared to a whopping 69 percent of the nondrinkers. Meanwhile, the heavy drinkers fared better than those who

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CELLARMASTER'S REPORT

The club was visited last month by Scott McWilliam of McWilliams Wines. Scott showed up a pair of Mount Pleasant (Hunter) wines along with a number of imported wines which they bring in to the country.

The clear favourite with our members was the Chant du Midi Syrah 2008, a shiraz from the south of France, at \$14 offering terrific value for a seven year old red.

The club has ordered 6 bottles of the Remi Jobard Bourgogne Blanc 2009 (Chardonnay) for the cellar.

Calendar of Events 2015

- Day Trip - 19 July
- August – Education Night
- November – AGM
- December – Christmas Dinner

Note that some dates are to be confirmed.

The Shiraz Club of Victoria Inc. PO Box 2038, 283 Wattletree Road, Malvern East 3145.

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grapevine

abstained, with a 60 percent mortality rate. Despite the increased risks for cirrhosis and several types of cancer, not to mention dependency, accidents, and poor judgment associated with heavy drinking, those who imbibe are less likely to die than people who stay dry.

A possible explanation for this is that alcohol can be a great social lubricant, and strong social networks are essential for maintaining mental and physical health. Nondrinkers have been shown to demonstrate greater signs of depression than their carousing counterparts, and in addition to the potential heart health and circulation benefits of moderate drinking (especially red wine), it also increases sociability.

While it's always important to drink responsibly, this is one study that warrants raising a glass.

